

# DECEMBER 2018

## O'GORMAN JUNIOR HIGH GLUTEN FREE LUNCH MENU

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday   |
|--|---|---|--|--|
| <p><b>3</b></p> <p>GRILLED CHICKEN BREAST ON BUN</p> <p>CRISS CUT SWEET POTATO FRY</p> | <p><b>4</b></p> <p>PASTA W/NOODLES SLICE OF BREAD</p> <p>STEAMED BROCCOLI</p>                       | <p><b>5</b></p> <p>CHEESEBURGER ON BUN</p> <p>BAKED BEANS</p> | <p><b>6</b></p> <p>HOT DOG ON BUN</p> <p>SMILE POTATOES</p>  | <p><b>7</b></p> <p>8<sup>TH</sup> GRADE RETREAT - SACK LUNCHES</p> <p>7<sup>TH</sup> GRADE: FRENCH TOAST STICKS STRING CHEESE SMILE POTATOES</p> |
| <p><b>10</b></p> <p>CHICKEN NUGGETS</p> <p>STEAMED CARROTS</p>                         | <p><b>11</b></p> <p>WALKING TACO</p> <p>BLACK BEANS</p>   | <p><b>12</b></p> <p>MINI CORN DOG</p> <p>STEAMED BROCCOLI</p> | <p><b>13</b></p> <p>*PULLED PORK SANDWICH</p> <p>TATOR TOTS</p>                                      | <p><b>14</b></p> <p>PANCAKES W/STRING CHEESE</p> <p>SMILE POTATOES</p>   |
| <p><b>17</b></p> <p>HAMBURGER ON BUN</p> <p>STEAMED CARROTS</p>                        | <p><b>18</b></p> <p>HOT HAM &amp; CHEESE ON BUN</p> <p>STEAMED BROCCOLI</p>                         | <p><b>19</b></p> <p>HOT DOG ON BUN</p> <p>BAKED BEANS</p>     | <p><b>20</b></p> <p>CHICKEN NUGGETS</p> <p>MASHED POTATOES W/GRAVY KIWI/STRAWBERRY FRUIT SLUSHIE</p> | <p><b>21</b></p> <p>NO LUNCH EARLY DISMISSAL</p>   |
| <p><b>24</b></p> <p>NO SCHOOL CHRISTMAS BREAK</p>                                      | <p><b>25</b></p>  | <p><b>26</b></p> <p>NO SCHOOL CHRISTMAS BREAK</p>             | <p><b>27</b></p> <p>NO SCHOOL CHRISTMAS BREAK</p>  | <p><b>28</b></p> <p>NO SCHOOL CHRISTMAS BREAK</p>  |
| <p><b>31</b></p> <p>NO SCHOOL CHRISTMAS BREAK</p>                                      |   |   |  |  |



\*CONTAINS PORK  
 BECAUSE OF EMERGENCY SITUATIONS MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.  
 MILK IS SERVED WITH EVERY MEAL  
 A VARIETY OF FRESH & CANNED FRUITS ALONG WITH FRESH VEGETABLES ARE AVAILABLE EVERY DAY