

# DECEMBER 2018

## O'GORMAN HIGH SCHOOL GLUTEN FREE LUNCH MENU

| Monday                                                                | Tuesday                                                                                             | Wednesday                                                          | Thursday                                                      | Friday                                                                                  |
|-----------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|---------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| <p><b>3</b></p> <p>*BBQ RIB ON BUN</p> <p>STEAMED BROCCOLI</p>        | <p><b>4</b></p> <p>MINI CORN DOGS</p> <p>STEAMED CORN</p>                                           | <p><b>5</b></p> <p>HAMBURGER ON BUN</p> <p>STEAMED GREEN BEANS</p> | <p><b>6</b></p> <p>SUPER NACHOS</p> <p>FIESTA BLACK BEANS</p> | <p><b>7</b></p> <p>FRENCH TOAST STICKS</p> <p>LITTLE SMOKIES</p> <p>BREAKFAST CUBES</p> |
| <p><b>10</b></p> <p>GRILLED CHICKEN BREAST</p> <p>STEAMED CARROTS</p> | <p><b>11</b></p> <p>*PULLED PORK ON BUN</p> <p>SMILE POTATOES</p>                                   | <p><b>12</b></p> <p>CHILI W/FRITOS</p> <p>STEAMED CAULIFLOWER</p>  | <p><b>13</b></p> <p>WALKING TACO</p> <p>REFRIED BEANS</p>     | <p><b>14</b></p> <p>PANCAKES</p> <p>LITTLE SMOKIES</p> <p>TRIANGLE POTATO</p>           |
| <p><b>17</b></p> <p>SLOPPY JOE ON BUN</p> <p>STEAMED CORN</p>         | <p><b>18</b></p> <p>CHICKEN NUGGETS</p> <p>SMILE POTATOES</p> <p>KIWI/STRAWBERRY FRUIT SLUSHIE</p>  | <p><b>19</b></p> <p>SEMESTER FINALS</p> <p>NO LUNCH</p>            | <p><b>20</b></p> <p>SEMESTER FINALS</p> <p>NO LUNCH</p>       | <p><b>21</b></p> <p>NO LUNCH</p> <p>EARLY DISMISSAL</p>                                 |
| <p><b>24</b></p> <p>NO SCHOOL</p> <p>CHRISTMAS BREAK</p>              | <p><b>25</b></p>  | <p><b>26</b></p> <p>NO SCHOOL</p> <p>CHRISTMAS BREAK</p>           | <p><b>27</b></p> <p>NO SCHOOL</p> <p>CHRISTMAS BREAK</p>      | <p><b>28</b></p> <p>NO SCHOOL</p> <p>CHRISTMAS BREAK</p>                                |
| <p><b>31</b></p> <p>NO SCHOOL</p> <p>CHRISTMAS BREAK</p>              |                                                                                                     |                                                                    |                                                               |                                                                                         |

\*CONTAINS PORK

BECAUSE OF EMERGENCY SITUATIONS MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.

MILK IS SERVED WITH EVERY MEAL

A VARIETY OF FRESH & CANNED FRUITS ALONG WITH FRESH VEGETABLES ARE AVAILABLE EVERY DAY

