

SEPTEMBER 2018

ELEMENTARY GLUTEN FREE LUNCH MENU

Monday

Tuesday

Wednesday

Thursday

Friday

3

NO SCHOOL
LABOR DAY

4

HAMBURGER ON BUN
CRISS CUT SWEET POTATO
FRY
PEACHES
MILK

5

HOT DOG ON BUN
COOKED BROCCOLI
PEARS
MILK

6

GRILLED CHICKEN BREAST
ON BUN
BAKED BEANS
BABY CARROT PACKAGE
FRESH STRAWBERRIES
MILK

7

FRENCH TOAST STICKS
*SAUSAGE
SMILE POTATOES
MANDARIN ORANGES
MILK

10

GRILLED CHICKEN BREAST
ON BUN
COOKED CARROTS
APPLESAUCE
MILK

11

PASTA & SAUCE
COOKED BROCCOLI
PEACHES
MILK

12

MINI CORN DOGS
BAKED BEANS
BABY CARROT PACKAGE
PEARS
MILK

13

*PULLED PORK SANDWICH
TATOR TOTS
GRAPES
MILK

14

FRENCH BREAD PIZZA
W/DIPPING SAUCE
GREEN BEANS
MANDARIN ORANGES
MILK

17

GRILLED CHICKEN BREAST
RICE
STIR FRY VEGGIES
APPLESAUCE
MILK

18

SLOPPY JOE ON BUN
COOKED BROCCOLI
PEACHES
MILK

19

HOT DOG ON BUN
BAKED BEANS
BABY CARROT PKG
PEARS
MILK

20

*BBQ RIB ON BUN
SWEET POTATO FRY
PINEAPPLE TIDBITS
MILK

21

CHICKEN NUGGETS
MASHED POTATOES
GRAVY
CELERY STICKS
MANDARIN ORANGES
MILK

24

PASTA & SAUCE
ROMAINE LETTUCE
W/ GRAPE TOMATOES AND
GARBANZO BEANS
APPLESAUCE
MILK

25

WALKING TACO
SHREDDED LETTUCE
BLACK BEANS
PEACHES
MILK

26

FRENCH BREAD PIZZA
CORN
PEARS
MILK

27

MINI CORN DOGS
COOKED CARROTS
PINEAPPLE TIDBITS
MILK

28

HOT HAM & CHEESE ON BUN
SMILE POTATOES
MANDARIN ORANGES
MILK

ALL LUNCH PROGRAM
INFORMAITON CAN BE FOUND
AT OUR SCHOOL WEBSITE:

WWW.SFCSS.ORG

FREE & REDUCED LUNCH
APPLICATIONS CAN BE FOUND
ON OUR WEBSITE. A NEW
APPLICATION IS REQUIRED
EVERY YEAR.

PAYMENT REMINDERS ARE
NOT SENT HOME WITH
STUDENTS. YOU MUST SIGN
UP FOR A FREE ACCOUNT AT
MYSCHOOLBUCKS.COM

CHEF SALAD OPTION FOR GRADES 4-6:

MONDAY – DICED HAM
TUESDAY – STRING CHEESE
WEDNESDAY – YOGURT
THURSDAY – DICED HAM
FRIDAY – HARD BOILED EGG



*CONTAINS PORK

BECAUSE OF EMERGENCY SITUATIONS MENU IS SUBJECT TO CHANGE WITHOUT NOTICE