

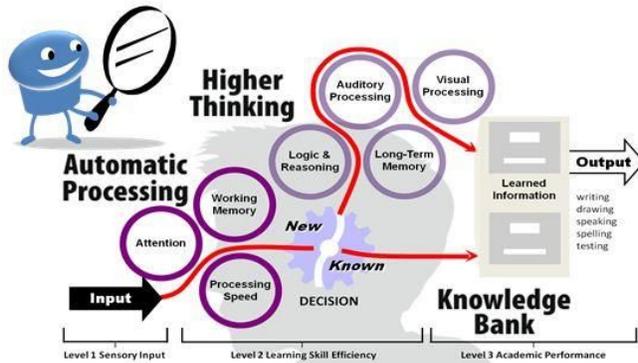


CogRead Brain Fitness Training

What are cognitive processing skills?

There are three major systems involved in learning: 1) sensory input into the brain, 2) brain (cognitive) processing of sensory inputs, and 3) making sense of sensory inputs and organizing them into learning. Cognitive processing skills include attention, processing speed, auditory processing, visual processing,

memory, and logic and reasoning. Cognitive processing skills enable us to perform tasks such as physical movement, hearing, seeing, planning, thinking, remembering, learning, strategizing and solving problems.



When processing skills are strong, academic learning is fast, easy, efficient and even fun. When processing skills are weak, academic learning will be a struggle or impossible.

What is Brain Training?

Brain training is very similar in principle to fitness training. Students perform increasingly challenging game-like tasks online to strengthen the neural pathways in the brain to become more efficient and stronger. The right training done consistently and intensely can improve cognitive processing skills and can help to make learning easier and faster, and improve self-confidence.

What is the program?

Students come into school early and train on the computer every day during the school year. Some students can complete the program in one semester; many can benefit from training the full school year. Students are also allowed to complete the program from home but may need motivation and support.

What is the cost of the program?

The cost is \$250 per student. Scholarships are available if cost is an issue.

Can students train at home?

Yes. In fact, we encourage it. The training will be challenging at times so parental support and motivation will be important.

More information

Best general site on cognitive skills and brain training is <http://sharpbrains.com>. More specific program information is available at <http://cogread.com/support.html>.

How can we sign up?

Fill out the information on the back side of this flyer and return to your school office.



CogREAD
Brain Fitness Training
Grades 2nd-Adult



Registration due September 1, 2016

Student Enrollment Information:

Parent Name Phone: Email:
Student Name: Date of Birth :
Classroom Teacher: Email: Date:
Current School: Teacher:

CogREAD Brain Fitness Training can be completed at home or at one of the following classroom guided locations. Our computer labs have limited space and enrollment will be based on first-come, first-served basis.

Please indicate preferred classroom guided location:

- St. Mary 7:20-7:55a.m. Christ the King 7:20-7:55a.m.
Holy Spirit 7:10-7:40a.m. We prefer to complete this program at home
St. Lamberts 7:25-7:55a.m. (Quarterly reports will be sent home with your child).

*Minimum enrollment of 10 student

Skill Area(s) for Development: Brain Fitness Training

Yearly Program Fee: \$250.00 (Payment must be attached to agreement form)

Signatures Required:

(Parent) (Date)

(Achievement Academy Director) (date)

Amy Isaacson
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