

Sioux Falls Catholic Schools presents:



11th Annual

SHAMROCK RUN 2012

Sponsored by the Athletic Booster Committee

Start the weekend off Saturday morning with a 5K Competitive Road Race or a 2-Mile Fun Run/Walk with your family and friends. This race is open to everyone of all ages and skill levels who want to run or walk.

Date: Saturday, March 31, 2012 **Race Time:** 11:00 a.m.

Location: O’Gorman High School Campus, 41st and Kiwanis

****NEW REGISTRATION LOCATION:**

Packet pickup in O’Gorman High School, 3201 S Kiwanis Ave
Friday, March 30th from 5:30 p.m. - 7:00 p.m. or
Saturday, March 31st from 9:00 a.m. to 10:00 a.m.

Runners-please pick up packets Friday if possible.

Distance: 5K Competitive Race
2 Mile Fun Run/Walk

Course: The 5k race will start on O’Gorman’s new track on McEaney Field. Participants will proceed to the city bike path, finishing back on the O’Gorman track.

All participants are invited to a chili feed in the cafeteria after the race!

Awards: Prizes awarded to top finishers in age categories in the 5K race.

Age brackets:

19 & below, 20-29, 30-39, 40-49, 50-59, 60+

T-Shirts - All paid entrants will receive 100% cotton t-shirt for registrations received by March 19th. We cannot guarantee a t-shirt after that date. All youth shirts are short sleeved and adult shirts are long sleeved.

Entry Fee:

\$25.00 - Entries received on or before March 19th

\$30.00 - Entries received after March 19th

Entries **will be** accepted the day of the race although we cannot guarantee a t-shirt at that time. Timing chips for the 5K race will not be guaranteed after March 30th.

Please make checks payable to: SFCS

No refunds.

REGISTRATION FORM

Name (please print): _____

Address: _____ City/State: _____ Zip: _____

Phone: _____ Age (on 3/31/12) _____ Male: _____ Female: _____

Event: _____ 5 kilometer competitive race _____ 2 mile fun run/walk

Adult Long Sleeved T-shirt size: _____S _____M _____L _____XL Youth Short Sleeved T-shirt size: _____S _____M _____L

E-mail Address _____

Race Release: I hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against O’Gorman High School, or their respective agents, employees, volunteers or sponsors and any facility used for this race for any and all injuries which may be suffered by me in connection with my participation in this race.

Participant Signature

Date

Parent/Guardian Signature (if under 18)

Date

Send forms including registration fee to:

Sioux Falls Catholic Schools Development Office
3100 W. 41st St, Sioux Falls, SD 57105

For additional information,
call 605-336-6354.



For online registrations:

raceplacechiptiming.com/Results.html

